



full stride hockey  
play better. play forever.



# Learn to Skate & Learn to Play Hockey

Cairns Arena Fall-Winter 2011-12

(802)652-9010 • 800-994-6406  
[www.fullstride.com](http://www.fullstride.com)

# Learn to skate/play hockey registration

## Mail with payment to:

Full Stride

By Phone: 802-652-9010 or

50 Hickory Lane

800-994-6406

S. Burlington, VT 05403

Fax to: 802-652-0000

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Skater's Age: \_\_\_\_\_

Past Skating Experience: \_\_\_\_\_

Previous Group Lesson, if any: \_\_\_\_\_

## Check all that apply:

**Session 1 Oct 12th-Dec 7th:** \_\_\_\_\_

**Session 2 Jan 4th-Feb 22nd:** \_\_\_\_\_

## Group:

\_\_ Snow Plow Sam 3:30-4:00pm

\_\_ Basic 1-2-3-4, Adult 4:00-5:00pm

\_\_ Learn To Play Hockey 4:00-5:00pm

## Cost:

Snow Plow Sam: \$120.00

Basic 1-6, Adult: \$145.00

Learn To Play Hockey: \$145.00

## Total:

\_\_\_\_\_ (Subtract \$7.50 for Family Discount of each additional skater)

## Payment Method:

Cash  Check  Visa  MasterCard

Amount Enclosed: \_\_\_\_\_

Card # \_\_\_\_\_ Exp: \_\_\_\_\_

Signature: \_\_\_\_\_

# Learn to Skate

## Learn to Play Ice Hockey

- All ages, novice to advanced
- Small Classes-limited enrollment
  - Professional Instructors
- Skates can be rented at the Arena
  - 8 Week Sessions
  - Start skating at any time!

## Class Levels:

### Basic

- **Snowplow Sam 1-3:** Young beginners ages 4 and up
  - **Basic 1:** Beginners ages 7 & up

### Advanced

- **Basic 2:** Skaters with some experience
- **Basic 3-6:** Skaters with some experience in stroking and edges up to hockey stops, 3 turns and Mohawks.

### Equipment:

Please dress your skater in warm, comfortable clothing. Mittens, knit hats and/or helmets are highly recommended for all skaters. **Helmets are mandatory for all skaters and all Learn to Play Hockey participants.**

Skates need to fit snugly and blades should be free of rust and large nicks. Properly fitting skates are essential to success. Quality rental skates are available for a nominal fee. Skates can be sharpened in the Pro Shop. Instructors will be happy to give equipment advice.



**full stride hockey**

**50 hickory lane/south burlington, vt/05403**